

JANUARY NEWSLETTER

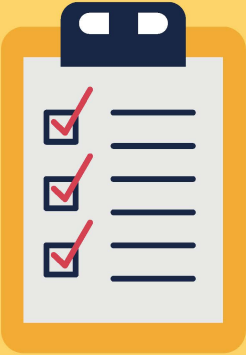
GP patient survey 2023

Warrington Innovation Network have recently sent out a patient survey to 10% of each practice population and the results are in!

67% of practice patients were satisfied with the appointments that were offered

14% found it easy to get through to their GP Practice

44% felt confident in their health professional.



Immunization and Care Coordinators

WIN are currently recruiting Immunisation and care coordinators. You may receive a call or text message from them if you or your child are due for a vaccination. The coordinators liaise with the local Child health information service to establish which children are behind with their immunisations. Then they will contact you to book your child in with the nurse to have their immunisation.



Brave the Smear!

22nd - 28th of January is Cervical Cancer Prevention Week

If you are overdue please contact your GP practice to arrange an appointment.

If you are experiencing unusual symptoms seek help from your GP.





DRY JANUARY[®]

What is dry January?

Dry January is an annual health campaign that encourages people to abstain from alcohol for the entire month of January. January is not only about giving your liver a break but also about promoting overall well-being, mental clarity, and healthier lifestyle choices.

Know Your Units



Know Your Limits

Alcohol Aware Manchester

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Norovirus

An average of 351 people were in hospital with diarrhoea and vomiting symptoms every day last week compared to 126 in the same week last year. There were also 13 children with the virus in hospital each day, compared to an average of just three for the same period in 2022.

UK Health Security Agency

Diarrhoea and vomiting?

There is no specific cure for stomach bugs such as Norovirus
Visit: nhs.uk/norovirus for advice



Stay hydrated



Take paracetamol when needed



Prevent the spread



Stay at home for two days after symptoms clear

Appointment Data

From the 1st of November 2023 to the 1st of January 2024 across all 7 practices there has been a total of 1591 appointments that were not attended. It is important that if you cannot attend your appointment you contact your GP practice to cancel or re arrange.